

Power Bites

Makes about 16

Ingredients:

1 cup uncooked plain oatmeal

½ cup dark chocolate chips (mini chips work best)

½ cup creamy organic peanut butter

½ cup ground flaxseed

1/3 cup honey

1 tsp. vanilla



In a bowl, stir all ingredients together. Form into 1½ inch balls (about 2 TBS) and place in storage container. Store in fridge. Will keep for a long time but they won't last that long ©.

Nutrition Facts

Servings: 16

Potassium 91mg

Amount per serving **Calories** 112 % Daily Value* Total Fat 6.3g 8% 8% Saturated Fat 1.6g Cholesterol 0mg 0% Sodium 3mg 0% Total Carbohydrate 12.1g 4% Dietary Fiber 1.6g 6% Total Sugars 8.6g Protein 3.2a Vitamin D 0mcg 0% 0% Calcium 6mg Iron 1mg 7%

2%